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## **ATHLETIC STATEMENT**

This Athletic Statement is designed to inform athletes and their parents or guardians of the rules and regulations of the athletic department and to provide information, which will help to continue a rich tradition of competition at Speedway High School.

Participation in high school athletics is a privilege, which carries with it varying degrees of honor, responsibility, and sacrifice. Because athletic competition on high school teams is a privilege and not a right, those who choose to participate will be expected to follow the Code of Conduct established by the administration and other specific coaches' rules for their sport. Athletes represent their school and student body and community.

## **HUMAN DIGNITY POLICY**

In the School Town of Speedway, statements or behavior by a member of the school community which insults, degrades, harasses or stereotypes any person on the basis of race, gender, handicap, physical condition, socioeconomic background, ethnic or national origin, or religion is unacceptable.

## **ANTI-HAZING STATEMENT**

Speedway High School is committed to providing a positive learning atmosphere for our students. Hazing activities are inconsistent with our educational mission and will not be tolerated in the athletic department. The Indiana Code defines hazing as "forcing or requiring another person (1) with or without the consent of the other person and (2) as a condition of association with a group or organization; to perform an act that creates a substantial risk to bodily injury." The *American Heritage Dictionary, Fourth Edition*, defines hazing as: "To persecute or harass with meaningless, difficult or humiliating tasks. To initiate by exacting humiliating performances from or playing rough practical jokes upon." The Speedway High School Athletic Department will not tolerate actions by athletes that recklessly or intentionally endanger the mental or physical health or safety of a student. Disciplinary action will be taken against students who plan, encourage, or engage in hazing activities. Athletic Department employees who permit, encourage, condone, or tolerate hazing will be subject to discipline.

## **BULLYING**

Bullying by a student or groups of students against another student with the intent to harass, ridicule, humiliate, intimidate, or harm the other student through overt, repeated acts or gestures, including verbal or written communications transmitted, and/or physical acts committed, or any other similar behavior is prohibited.

This rule applies when a student is:

- A. On school grounds immediately before or during school hours, immediately after school hours or at any other time when the school is being used by a school group (including summer school);
- B. Off school grounds at a school activity, function, or event;
- C. Traveling to or from school or a school activity, function, or event; or
- D. Using property or equipment provided by the school.

repeated acts of bullying are taking place should  
principal or designee. School personnel will investigate all  
reports of bullying.

Counseling, corrective discipline, and/or referral to law enforcement will be used to change the behavior of the perpetrator. This includes appropriate intervention(s), restoration of a positive climate, and support for victims and others impacted by the violation.

### **CELL PHONES AND CAMERAS**

The use of cell phones and cameras are forbidden within any Speedway High School locker room; this applies to all related participants (i.e. players, managers and coaches). Violation of this policy could create a possible suspension from athletic participation, as covered under the Conduct clause on page 5 of the Athletic Handbook.

### **PERFORMANCE ENHANCING DRUGS**

In order to minimize health and safety risks to student-athletes, maintain ethical standards and reduce liability risk, school personnel and coaches should never supply, recommend, or permit the use of any drug medication, or food supplement solely for performance enhancing purposes. **It is recommended student-athletes and their parents/guardians should consult with their physicians before taking any supplement product.**

### **SOCIAL NETWORKING SITES**

Student-athletes are responsible for information in written or electronic transmissions and any information on a public domain ( i.e. Facebook, YouTube, Twitter, etc.). Student-athletes should refrain from posting inappropriate, ill-meaning, or derogatory material. Student-athletes are not precluded from participation in such online social networks; however, student-athletes should be reminded that they serve as representatives of their team, the athletic program and the School Town of Speedway. Texting, tweeting, and the uses of other social networks to disparage a team, other students, opponents, coaches, or other school personnel will be deemed conduct unbecoming a Speedway athlete and create a possible suspension from athletic participation, as covered under the Conduct on page 5 of the Athletic Handbook.

### **TITLE IX AND SECTION 504**

The School Town of Speedway is committed to equal opportunity. It is an Equal Opportunity-Affirmative Action Employer and does not discriminate on the basis of age, race, color, religion, sex, handicapping conditions, or national origin, including limited English proficiency, in any employment and/or educational opportunity. No person is excluded from participation in, denied the benefits of, or otherwise subjected to unlawful discrimination on such basis under any educational program or student activity.

If you have experienced discrimination in such educational programs or activities, written inquires about procedures that are available and for consideration of complaints alleging such discrimination should be directed to:



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and Section 504 Coordinator  
**ock, Director of Curriculum**  
5335 W. 25<sup>th</sup> Street  
Speedway, Indiana 46224  
Telephone: 317-244-0236

### **ATHLETIC DEPARTMENT PHILOSOPHY/MISSION**

The goal of the Speedway High School Athletic Department is to provide the best opportunities for student-athletes to excel in teamwork, sportsmanship, self-discipline, and moral character. The purpose is to provide each participant with experiences that will be positive and memorable and that help the athlete develop capacity for commitment to a cause, acceptance of responsibility, and loyalty towards any chosen endeavor.

### **ATHLETE DEFINED**

The Speedway High School athlete is defined as and includes all young men and women who represent a team that engages in interscholastic competition and further includes bat boys/girls, mat maids, cheerleaders, lifters, managers, trainers, and statisticians.

### **ATHLETIC PROGRAM PROFILE**

Speedway High School provides the opportunity to participate in 19 varsity sports currently sanctioned by the Indiana High School Athletic Association. Cheerleading is also part of the athletic department with participation in the fall and winter seasons. As a member of the IHSAA, Speedway High School abides by and supports the rules and regulations of the governing body for high school athletics in Indiana. **Speedway is a member of the Indiana Crossroads Conference (ICC). Other members are: Beech Grove, Indianapolis Cardinal Ritter, Indianapolis Lutheran, Indianapolis Scecina Memorial, Lapel, Park Tudor and Triton Central.**

### **ATHLETIC ELIGIBILITY AND CODE OF CONDUCT**

Participating in interscholastic athletics is a privilege and not a right, thus a higher standard of behavior is expected of the athletes. Students may participate in more than one sport per season with the consent of coaches of the sports involved. However 100 athletic points are the most that can be earned in one season.

In order to represent Speedway High School in inter-scholastic athletics an athlete must meet the following standards:

- A. **INSURANCE EXCLUSION.** Parents/guardians will be financially responsible for medical costs incurred in connection with the athlete's participation in all sports offered by the athletic program as stated in the consent and release certificate of the IHSAA. All athletes, as well as their parents or guardians, must be aware of the possibility of serious injury when they participate in a sports program. Sometimes the injury could be serious enough to have an altering effect on their quality of life.

ITION. All participants must have a student, a parent/guardian, a principal, a principal's designee, a testing consent form, and a medical emergency slip on file with the principal, principal's designee, the principal's director, and the coach before the first practice.

- C. ENROLLMENT- SCHOLARSHIP. Student athletes must presently be enrolled in and passing, during the previous grading period, at least five full credit subjects. Scholastic eligibility will be checked the day grade cards are released. A student found scholastically ineligible at such time shall not participate in inter-school contests until he or she has regained scholastic eligibility at the end of the next grading period when report cards are issued. Scholastic eligibility at the end of a semester is based on semester grades.
- D. AGE. Students whose twentieth birthday occurs on or before the day of the state finals in a particular sport shall be ineligible for that sport for the entire season.
- E. AMATEURISM. All contestants must be amateurs (i.e., students shall not play under assumed names and not accept money or merchandise directly or indirectly for athletic participation).
- F. OUTSIDE PARTICIPATION. A Student who participates in an athletic contest on any other similar team during that same season in which they represent their school will become ineligible to compete on their high school team in that sport.
- G. CONDUCT. Athletes, both in and out of season, on or off school property, are expected to exhibit better than the minimum standards or conduct appearance, and dress. Athletic training rules are in effect year round. If in the judgment of the principal or his designee, an athlete: a) exhibits conduct that brings discredit to Speedway High School or the IHSAA or b) creates a disruptive environment at Speedway High School, then he/she may be suspended from athletic competition.
- H. TRAINING RULES.
1. Tobacco, Drugs, and Alcohol: An athlete shall not possess, sell, use, transmit, be in the presence of or be under the influences of any tobacco product, narcotic drug, hallucinogenic drug, or any other controlled substance, including amphetamines, barbiturates, marijuana or beverage containing alcohol or intoxicant of any kind, or any item that closely resembles or is represented to be any of the foregoing items. Violation of the above rule will result in the following disciplinary act (Suspension means an athlete may practice for but not participate in the scheduled contests):
    - a. 1st Offense: Suspended from 50% of the athletic contests of the sport in which that athlete is involved. If less than one-half of the season remains, the remaining percentage will carry over to the next sport season.
    - b. 2nd Offense: Suspended for one calendar year from all athletics from date of offense.
    - c. 3rd Offense: Excluded from participation in athletics at Speedway High School for the remainder of the student's academic attendance in the school.
  2. Random Drug Screening: An athlete must participate in the Random Drug

ies, procedures, and consequences of this program  
 y High School Student Handbook.

3. Stealing and Vandalism: Speedway High School athletes shall not possess stolen items from any source. This includes uniforms and/or equipment stolen from this school or any other school.
  - a. 1st Offense: Suspended from participation for the season.
  - b. 2nd Offense: Suspended from all athletics for one year from date of offense.
4. Self-Admittance Clause: An athlete who admits to a violation of a Section H Training Rule within 24 hours of the violation will be subject to a reduction of 50% of the penalty outlined for that violation. The admission may be made to the principal, assistant principal, athletic director, or assistant athletic director.
5. An athlete suspended for a season for any violation under Section H. Training Rules will not receive an award in the sport during the season that the violation occurred.

- I. INDIVIDUAL SPORTS RULES. Each head coach, with prior written permission of the athletic director, may establish and enforce additional training, conduct, and appearance rules in their respective sports. A written copy of the additional training conduct rules must be presented to each of the team member's parents/guardian.
- J. ATHLETIC COUNCIL. The penalties described in Section H. Training Rules are subject to review by the Athletic Council composed of the principal, assistant principal, athletic director, and assistant athletic director. The Athletic Council reserves the full authority to interpret and implement all disciplinary policies and actions.
- K. ATHLETIC ELIGIBILITY. If a student's eligibility to participate cannot be certified, then the student is ineligible to represent Speedway High School in interscholastic competitions.

This is only a summary of athletic eligibility and code of conduct. Additional questions regarding the I.H.S.A.A. and the Speedway High School school and athletic rules may be obtained from the principal, Athletic Director, or members of the coaching staff.

### **ATHLETIC PARTICIPATION POINTS AND AWARDS**

#### A. Athletic Awards.

<u>Level</u>	<u>Awards</u>	<u>Points Required</u>
9th	Numerals	50 points
Reserve	Reserve Certificate	50 points
Varsity	Varsity Letter	100 points



starting with the graduating class of 1999):

	600 points
Highest Award Blanket	1000 points

- C. An athlete may receive point credit for one sport per season. A multiple sport athlete may only receive one sport point value per season. The multisport athlete will receive the highest point value when different sports entail different levels.
- D. Athletes must finish the season in good standing to be eligible for any awards.  
Finishing the season in good standing includes the following:
  - a. Being academically eligible.
  - b. Not being under school, athletic, or coach suspension.
- E. Athletes who are injured during the course of the season shall be eligible for the award they would have earned had the injury not occurred, pending recommendation by the head coach.

### **WEIGHT ROOM RULES**

- A. No loitering. You will work or leave.
- B. No food or drink allowed.
- C. Return all equipment to its proper place.
- D. You must have a physical on file to use the weight room.
- E. Always use a spotter.
- F. Only authorized persons, under proper supervision, are to be in this facility.
- G. Students using the weight room before and after school will be included in the random drug testing pool.

### **SELECTION OF CHEERLEADERS**

Varsity and junior varsity cheerleaders are selected in the spring of each school year to serve the following school year. Any student in the eighth grade, freshman, sophomore, or junior class (at the time of selection) who is scholastically eligible may be selected.

### **MISCELLANEOUS ATHLETIC DEPARTMENT POLICIES**

#### **A. PRACTICES**

- 1. According to IHSAA by law C-94, athlete shall regularly attend scheduled practice sessions to be eligible for interscholastic athletic competition.
- 2. An athlete must complete 10 separate days of organized practice in said sport under the direct supervision of the high school coaching staff before the athlete may compete in interscholastic competition.
- 3. If, as a result of a school strike, student suspension, athletic suspension, health limitation, or other similar reasons, a student shall fail to attend regularly scheduled practices, such a student shall be required to complete the following prior to competition:

- 5 10 consecutive separate days of organized practice, then  
 complete at least 4 separate days of organized practice prior to  
 participating in interscholastic competition.
- b. If the athlete misses 11 or more consecutive separate days of organized practice, then the athlete must complete at least 6 days of organized practice prior to participating in interscholastic competition.
- B. QUITTING. If an athlete quits a sport after the 1<sup>st</sup> official practice date for that sport, he or she may not participate in another sport without the written release of the previous sports head coach and the athletic director.
- C. SAME SEASON SPORT PARTICIPATION. An athlete may not participate in a non-IHSAA regulated sport, tournament, practice, or tryout of that same sport during IHSAA season.
- D. DIFFERENT SEASON SPORT PARTICIPATION. An athlete may participate in a non-IHSAA regulated sport, tournament, practice, or tryout of a different sport with the high school varsity coach's permission. However, an athlete may not miss a practice or game of the high school sport for a non-IHSAA sanctioned event.
- E. OPEN GYM PARTICIPATION. An athlete may participate only in an open gym if they are not participating in another IHSAA sport at that time. An in season athlete may participate in skill drills in another sport only (no scrimmage situations) with the in season sport head coach's permission.

## COLLEGE-BOUND STUDENT-ATHLETE GUIDE TO ATHLETIC ELIGIBILITY

### A. WHAT TO DO

If you wish to attend college and participate in collegiate athletics at the Division I or Division II level, you must do the following:

1. Take college bound courses. Check with your guidance counselor.
2. Contact guidance counselor to pick up NCAA information.

**IMPORTANT:** Your official academic eligibility is determined by the NCAA Eligibility Clearinghouse. An athlete cannot tryout, participate, or receive an athletic scholarship from a NCAA Division I or Division II school until they are declared academically eligible by the NCAA Eligibility Clearinghouse.

### B. SIX STEPS TO RECRUITMENT

1. Take your academic responsibilities seriously. The NCAA has set minimum academic standards for all incoming freshman athletes.
2. Take the SAT or ACT test as soon as possible. Contact your guidance counselor.
3. Register for the Clearinghouse.
4. Develop a list of colleges based on your athletic, academic, and social preferences.
5. Contact coaches to communicate your interest in their programs.
6. Develop a strategy and a recruiting package that demonstrates your skills and abilities to perspective coaches.



aisal of your abilities. Talk with your coach.

FRESHMAN: Solid academic curriculum.

SOPHOMORE: PSAT in October. Meet with your counselor to discuss your desire to play collegiate athletics. Make sure your curriculum is on target with NCAA eligibility requirements.

JUNIOR: PSAT in October. Remain in college-bound courses. Start an athletic resume. Contact coaches at schools that interest you. Register with the NCAA Eligibility Clearinghouse at the end of your junior year.

SENIOR: Review your academic curriculum to ensure that you meet NCAA requirements. Register for the ACT and/or SAT tests. Create a video of your games and send a copy along with a letter of recommendation to the coaches at the colleges you wish to attend. Visit colleges that interest youí call the coach prior to your visit to schedule an interview and tour. Meet with your counselor to plan completion of college applications. Investigate financial aid resources through your Guidance department.

#### D. NINE RECRUITING PITFALLS

These pitfalls can keep you from playing college sports. Avoid these mistakes and you will be ahead of the pack.

1. Underestimating importance of academics
2. Unrealistic expectations of your ability
3. Parental over-involvement
4. Burning bridges by bad-mouthing
5. Under-valuing an assistant coach
6. Talking money too soon
7. An over-confident demeanor
8. Waiting to be contacted
9. Limiting options

#### E. RECRUITING LINGO YOU SHOULD KNOW

**“Contact”**: Any face to face meeting between a college coach and you and your parents, during which any of you say more than ðhelloöí **“Core Courses”**: Recognized college courses specified by NCAA and listed on form 48Hí **“Evaluation”**: Any off-campus activity used to assess your academic qualifications or athletic ability, including visit, watching practice or gameí **“Official Visit”**: Invitation by a college for an expenses-paid visit to the campus during your senior year. You may visit up to five different schools on official visits. You may only visit a school which has received your academic transcript and a score from your SAT, PSAT, or ACTí **“Partial Qualifier”**: Eligible to practice and receive scholarships during his or her first year, but cannot play due to academic deficiencyí **“Prospective Student-Athlete”**: You become this when you start ninth-grade classesí **“Qualifier”**: You have met all of the eligibility requirements of NCAAí **“Recruited Prospective Student-Athlete”**: You become this if any coach or representative of the college’s athletic interests (boosters) approaches you (or any member of your family) about

ei **“Redshirt”**: As a redshirt, you practice with your  
ge, but you don’t compete in any games.  
[learninghouse.net](http://www.ck12.org/learninghouse.net)

### **EXPECTED FAN ETIQUETTE**

- A. Spectators are an essential part of Speedway High School Athletics and spectator sportsmanship is one of our goals.
- B. Cheers at games should be of a positive, encouraging nature in support of one’s team.
- C. The use of vulgarities is inappropriate.
- D. Fan behavior, which baits and derides other teams, individual players, coaches or school, is inappropriate.
- E. Officials in games have difficult decisions to make and should be treated with respect whether one agrees or disagrees with their decisions.
- F. Spectators should be encouraged to use humor, creativity, and good taste in support of their own team.
- G. Signs and banners should refer to one’s own school and be positive, non-derogatory, and non-inflammatory in nature.

### **ATHLETIC PROGRAM CHAIN OF COMMUNICATION**

- A. When a question, concern, or problem comes about, always contact the head coach of that program first. The Athletic Department will meet with the parents of the involved athlete, if needed after the first contact with the coach.
- B. All issues dealing with tryouts, selection of teams, playing time, and strategy should be directed to the coach. The Athletic Department will not discuss these issues because they are coach decisions.



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## ATHLETIC DEPARTMENT FORMS

1. All forms must be filled out completely.
1. Both parts of the medical emergency form are necessary. One part is carried by coaches to away events. The other part is kept on file in the Athletic Office for use at home events.
  2. The insurance information and student and parent signature on the physical form are very important. Please check to make sure that this is complete.
  3. Concussion Education form.
- B. An athlete will not be allowed to practice until all forms are fully completed and turned in to his/her coach.

## Speedway High School Athletic Department

Brian Avery - Athletic Director - Cell: (317)513-3581  
5357 West 25<sup>th</sup> Street  
Speedway, Indiana 46224  
(317)486-4841

If you have any questions concerning the above, please contact Mr. Avery at 486-4841. Thanks for your cooperation.